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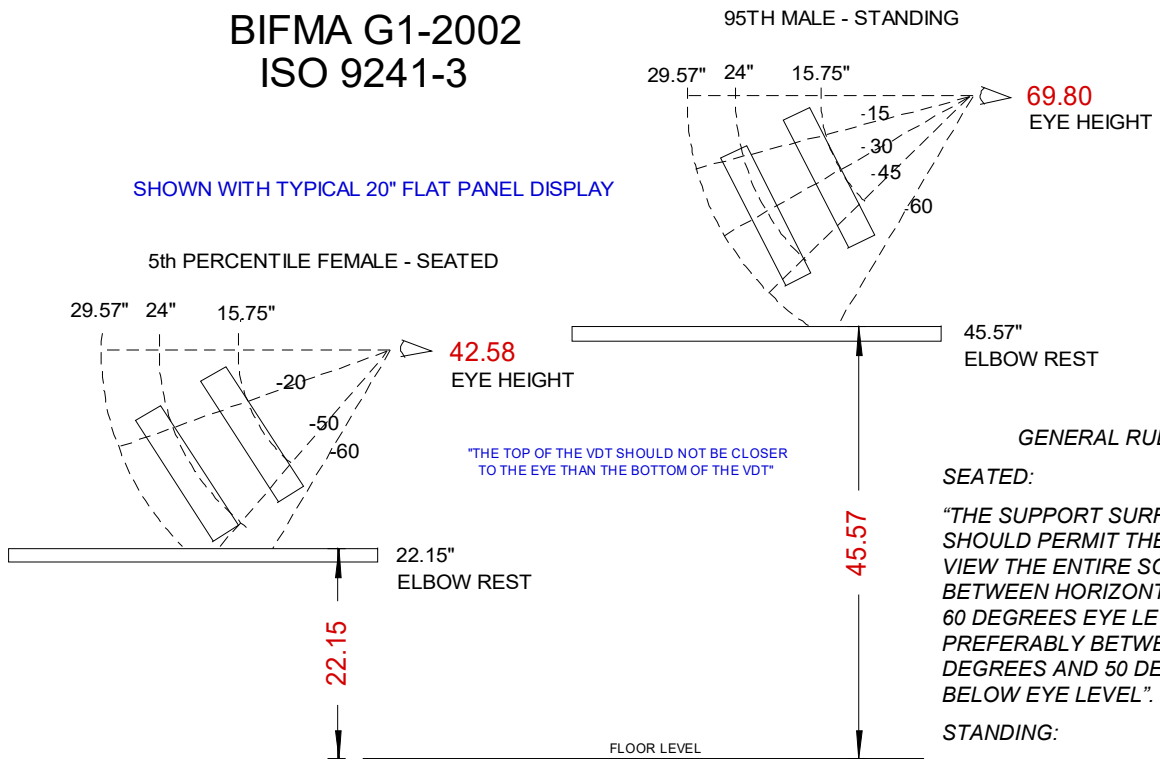
## WORKSTATION ERGONOMICS

B.I.F.M.A. Business and Institutional Furniture Manufacturers Association

THE BIFMA ERGONOMICS GUIDELINE INCORPORATES PRINCIPLES AND DESIGN STANDARDS OF THE INTERNATIONAL ORGANIZATION FOR STANDARDIZATION (ISO) 9241 AS WELL AS ANSI/HFES 100-2007 AND CAN/CSA Z412

### BIFMA G1-2002 ISO 9241-3

SHOWN WITH TYPICAL 20" FLAT PANEL DISPLAY



#### GENERAL RULES

##### SEATED:

"THE SUPPORT SURFACE SHOULD PERMIT THE USER TO VIEW THE ENTIRE SCREEN BETWEEN HORIZONTAL AND 60 DEGREES EYE LEVEL. PREFERABLY BETWEEN 20 DEGREES AND 50 DEGREES BELOW EYE LEVEL".

##### STANDING:

"IN THE STANDING POSITION, THE INCLINATION OF THE LINE-OF-SITE IS ABOUT 30 DEGREES" "THE OPTIMUM POSITION FOR THE MOST IMPORTANT VISUAL DISPLAY IS WITHIN +/- 15 DEGREES IN THE VERTICAL AND HORIZONTAL DIRECTION FROM THE LINE-OF-SIGHT".

"THE HEIGHT OF THE INPUT DEVICE SURFACE SHOULD ALLOW THE USER TO MAINTAIN NEUTRAL SHOULDER, ELBOW AND WRIST POSITIONS".

#### KEYBOARD SURFACE HEIGHT, SEATED

	Female	Male
5th Percentile	22.15"	24.03"
95th Percentile.	26.39"	28.51"

#### KEYBOARD SURFACE HEIGHT, STANDING

	Female	Male
5th Percentile	36.65"	39.36"
95th Percentile.	42.46"	45.57"

#### EYE HEIGHT, SEATED

	Female	Male
5th Percentile	42.58"	46.28"
95th Percentile.	48.76"	52.58"

#### EYE HEIGHT, STANDING

	Female	Male
5th Percentile	56.90"	61.35"
95th Percentile.	65.01"	69.80"